

MIND/GOD DYNAMICS ®

REUNITING WITH THE PRESENCE AFFIRMATIONS

BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—THE PRESENCE, UNIVERSAL MIND OR GOD WITHIN YOU.

The following Self Programming Universal Mind Synthesis Affirmations
Are Based On A Spiritual Science Lecture On:

"SPIRITUALLY POWERIZING YOUR HEALTH IN THE NEW YEAR"

...**REALIZATION**... "In the New Year and throughout my life the GOD-PART of me maintains my GOOD HEALTH and HEALS me when healing is necessary."

...**INNER-OUTER COOPERATION**... "In this New Year and throughout my life the INNER PART of MY MIND, ONE WITH GOD and the OUTER FUNCTIONAL, ENVIRONMENTAL PART of MY MIND work in constant cooperation with each other to maintain GOOD HEALTH or to HEAL ME when necessary."

...**LISTENING**... "I am ALERT throughout my daily activities in the New Year to what my body is trying to tell me through various physical activities I feel taking place within it."

...**HOLISTIC RECOGNITION**... "In the New Year and beyond, I RECOGNIZE that to MAINTAIN GOOD HEALTH or to RESTORE IT that HEALTH and HEALING is a WHOLE PROCESS of having HEALTH in BODY, MIND and SOUL in a interactive way between these three major facets of my being."

...**NEGATIVITY RELEASE**... "I RELEASE from ALL ENERGY FACTORS of my BODY, MIND and SOUL ALL ACCUMULATED NEGATIVITY prior to this New Year from my past to leave me with only POSITIVE SPIRITUALLY POWERIZING ENERGIES for the present and future."

...**KARMIC RELEASE**... "In this New Year I turn over my body, mind and soul to the HEALING PURIFICATION of GOD'S LIGHT to sublimate into LIGHT all negative past karma that is or could adversely affect my health."

...**MEDITATION**... "Through my daily practice of MEDITATION , I more thoroughly OPEN to ENERGIES of my BODY, MIND and SOUL to the HEALTH MAINTAINING, RENEWING, REGENERATING ENERGIES contained in GOD'S HEALING LIGHT PRESENCE within me."

...**INTUITIVE GUIDANCE**... "Through my DAILY practice of MEDITATION in the New Year and beyond I AM INTUITIVELY GUIDED by GOD'S PRESENCE within me as to diet, supplements, alternative healing methods, healing practitioners, relaxation, recreation, physical, mental and emotional conditions and a life style conducive to MAINTAINING GOOD HEALTH or HEALING when it is necessary."

Copyright © 2006 By Dr. Paul Leon Masters