

Minister's/Bachelor's Degree Course Study Modules

VOLUME III

Modules: 25 – 36



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Reaction Control – or How to Have Positive Control Over Your Life

A Lesson in METAPHYSICAL SCIENCE (R)

New Dimensions in Spiritual Understanding and Practice

**It Is Not the Thing in Itself –
But One's Reaction To It**

Einstein said that all things are relative. In an absolute sense, they are. Students of metaphysical thinking learn to base their personal frame of reference in Reality as ABSOLUTE REALITY, or GOD.

- In the human definition, ABSOLUTE REALITY, or GOD, is neither good nor bad; GOD, or ABSOLUTE REALITY, simply *is*.
 - ▶ *What we as human beings define as good or bad, in reality are aspects of the EVOLUTIONARY PROCESS OF GOD.*
- Swami Vivekananda, probably the greatest Hindu teacher ever to visit America early in the last century, described it this way: *“He who stumbles a little less, we call good, and he who stumbles a little more, we call bad. It is not that there are two different people or presences, but the same PRESENCE (GOD) manifesting in different degrees.”*
- What we call the GOOD or BAD person is, in an absolute sense, neither, and what we call a GOOD or BAD condition, in an absolute sense, again, is neither.
 - ▶ *It is not the person, condition, situation, or thing in itself, in an absolute sense, that matters, but rather, ONE'S OWN PERSONAL REACTION.*

What we as human beings define as good or bad, in reality are aspects of the EVOLUTIONARY PROCESS OF GOD.

It Is Human to React – Divine to Control

Whenever you experience a letdown or disappointment over another person, situation or condition, it is only human to react. Usually, the reaction is negative because of some sense of disappointment, loss, rejection, etc., but it is critical to realize that these reasons are, in themselves, *RELATIVE*.

- If students are meditating daily and practicing other metaphysical principles, they are intuitively being led or guided by their HIGHER MIND, or GOD.

What appears to be negative is ALWAYS A BLESSING in disguise – one that will cause you to do things differently, which, in the final analysis, will result in GREATER GOOD in your life.

- ▶ **What appears to be negative is ALWAYS A BLESSING in disguise** – one that will cause you to do things differently, which, in the final analysis, will result in GREATER GOOD in your life.
- ▶ Therefore, there may be a momentary letdown in your initial reaction. However, as a student of this teaching, you should immediately catch your mind and inform it that *this SEEMING negativity is really a BLESSING*, for it is turning you in another direction where you may experience greater good.
- ▶ **Your GOD-MIND always works for you because it seeks to evolve you**, thereby allowing a greater manifestation of its being. It is, therefore, human to momentarily react, but DIVINE to control.
- ▶ **As you place your mind back on the ABSOLUTE REALITY, all is working for you, in spite of seeming negativity, if you are constantly attuning yourself to your HIGHER or GOD-MIND.**
- ▶ **Control over your reactions is then maintained by bringing your mind to TRUTH as quickly as possible**, to what is actually happening, which is GOD negating something for your greater good.