

Dr. Paul Masters'
Spiritual Psychology of
Christ Mind Dynamics®

BASED ON THE ORIGINAL HIDDEN TEACHINGS OF CHRIST

REUNITING WITH THE PRESENCE AFFIRMATIONS

"CLEARING YOUR MIND OF NEGATIVES" -1

CLEANSING MEMORIES... "I RECOGNIZE that I MUST CLEANSE my mind at all levels of negative thought energies that work against and come into conflict with POSITIVENESS that I both attempt to program into my mind, and from within, through the UNIVERSAL MIND of GOD."

MEDITATION... "I RECOGNIZE that through my DAILY practice of MEDITATION on GOD'S PRESENCE at the CENTER of my MIND, -- that I DRAW INTO the MEMORY LEVELS of my consciousness SUBLIMATING LIGHT ENERGY of GOD to CHANGE NEGATIVE ENERGY into POSITIVE LIGHT ENERGY."

THOUGHT/FEELING MONITORING... "The MOMENT I THINK or FEEL NEGATIVITY -- I IMMEDIATELY say to myself -- I NULLIFY and NEUTRALIZE that ENERGY before it can return to the memory level of my mind to continue to interfere with the establishment of POSITIVE GOD CONSCIOUSNESS."

VISUALIZATION... "I DAILY take a few moments to VISUALIZE or IMAGINE that the INTERIOR of my body is FILLED with POSITIVE UNIVERSAL GOD ENERGY CONSCIOUSNESS that SUBLIMATES all darkened negative energy into POSITIVE PRIMAL LIGHT or CHRIST/GOD ENERGY."

CONSCIOUS REPROGRAMMING... "EVERYTIME I have a negative thought or feeling -- I IMMEDIATELY RESPOND with an opposite POSITIVE THOUGHT which REPROGRAMS my mind with POSITIVE CHRIST MIND/UNIVERSAL GOD CONSCIOUSNESS ENERGY."

EXAMPLES

HATE to FORGIVENESS through CHRIST MIND/GOD'S LOVE.

ANGER to UNDERSTANDING the lack of CHRIST/GOD awareness in others.

JEALOUSY to SECURITY IN GOD realizing that jealousy is lack of GOD'S PRESENCE.

REVENGE to RELEASE knowing that KARMIC LAW is already in effect.

DOUBT to GOD CENTERED IDENTITY in IDENTITY with UNIVERSAL POWER.

HURT to RELEASE to GOD'S LOVE, HEALING and understanding of lack of others awareness.

LOW SELF ESTEEM to ONENESS of IDENTITY with GOD'S PRESENCE WITHIN.

LIFESTYLE... "I WEAR and SURROUND myself with HAPPY ENERGY COLORS -- listen only to BEAUTIFUL, INSPIRING MUSIC -- take time to enjoy the NATURAL BEAUTIES of NATURE -- and try to FIND the BRIGHTER, POSITIVE SIDE of experiences THAT APPEAR TO BE NEGATIVE."

IDENTIFYING... "I do NOT IDENTIFY my IDENTITY with any TEMPORARY negative EXPERIENCE -- as I am NOT anything TEMPORARY -- but I AM of the ETERNAL POSITIVENESS and CHRIST LIGHT MIND of UNIVERSAL GOD CONSCIOUSNESS in which negative darkness CEASES TO BE."

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