

# Transcendent Christ Psychology

REUNITING WITH THE PRESENCE AFFIRMATIONS

BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—THE PRESENCE, UNIVERSAL MIND OR GOD WITHIN YOU.

The following Self Programming Universal Mind Synthesis Affirmations Are Based On A Spiritual Science Lecture On:

## **"TOTAL HEALTH OF BODY, MIND AND SOUL"**

**MEDITATION**... "Through my DAILY practice of MEDITATION, I OPEN my BODY, MIND and SOUL to the NATURAL HEALING ENERGIES of GOD at the CENTER of CONSCIOUSNESS within me."

**VISUALIZATION**... "DAILY, I take a few moments to VISUALIZE or IMAGINE my body FILLED with GOD'S health maintaining and healing LIGHT ENERGY PRESENCE."

**INTUITIVE GUIDANCE**... "EVERY day my conscious mind and feeling nature is open to receive INTUITIVE GUIDANCE from GOD'S CONSCIOUSNESS within me as needed for the HEALTH of my BODY, MIND and SOUL."

**THOUGHT MONITORING**... "I MONITOR my daily THINKING and FEELINGS -- IMMEDIATELY SAYING -- I NULLIFY and NEUTRALIZE all negativity affecting the HEALTH of my BODY, MIND and SOUL the very moment I THINK or FEEL anything NEGATIVE."

**CLEANSING BREATHING**... "With EVERY INHALATION, I BREATHE in POSITIVE ENERGY -- and with EVERY EXHALATION, I BREATHE OUT negative energy to CLEANSE my BODY, MIND and SOUL."

**EARTH AND SKY**... "Whenever I can, I take a few minutes to lie on the ground feeling GOD'S HEALING ENERGIES of the earth beneath me while at the same time receiving the GOD HEALING ENERGIES of the Sun overhead."

**INTERACTION**... "My BODY, MIND and SOUL ENERGIES INTERACT in HARMONY with each other and with GOD CONSCIOUSNESS ENERGY for MAINTAINING or REGAINING my HEALTH."

**HOLISTIC DIET**... "GOD CONSCIOUSNESS INTUITIVELY GUIDES ME as to WHAT I should place into my BODY, MIND and SOUL."

**ONENESS**... "I DECLARE that my FIRST PRIORITY in life is my ONENESS with GOD -- and through such ONENESS, GOD'S PERFECTION maintains HEALTH and HEALING throughout my BODY, MIND and SOUL."

**ATTITUDE**... "I ACCEPT that in the HEALTH MAINTAINING HEALING LIGHT PRESENCE of GOD - - that GOD CREATED ME to EXPERIENCE HEALTH in my BODY, MIND and SOUL."