

# CHRISTMIND DYNAMICS®

REUNITING WITH THE PRESENCE AFFIRMATIONS

BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—THE PRESENCE, UNIVERSAL MIND OR GOD WITHIN YOU.

The following Self Programming Universal Mind Synthesis Affirmations

Are Based On A CHRISTMIND Spiritual Psychology Lecture On:

## **"KEYS TO HAPPINESS IN A BAD ECONOMY"**

**WITHIN...** "I REALIZE that whether there is a good economy or a bad one, that HAPPINESS is DEPENDENT on what is going on WITHIN ME, rather than what surrounds me."

**CONSCIOUSNESS...** "I RECOGNIZE that HAPPINESS is a A STATE OF MIND that should be influenced most by the level of CONSCIOUSNESS that CONTROLS me."

**CHRIST MIND...** "I RECOGNIZE the CHRIST PART of my mind -- ONE WITH GOD'S SPIRIT of LOVE, PEACE, BEAUTY, WHOLENESS, HEALING, CREATIVITY and WISDOM -- as THAT which MOST INFLUENCES me with GOD'S HAPPINESS-CREATING ATTRIBUTES."

**HAPPINESS LIST...** "I create a list of REASONS I have to be HAPPY in my life and REVIEW THEM DAILY."

**SOURCE THANKS...** "EVERYDAY as I REVIEW my HAPPINESS LIST, I give THANKS to GOD as the SOURCE of ALL HAPPINESS in MY LIFE."

**RELEASE...** "As quickly as I can when I begin feeling unhappy, I RELEASE the unhappy energy to GOD'S HEALING PRESENCE within me and bring my mind back into focus on WHAT is on my HAPPINESS LIST."

**RELATIONSHIP TO GOD...** "I RECOGNIZE, as mystics and illuminated souls have realized through history, that the EXPERIENCE of HAPPINESS exists in proportion to your RELATIONSHIP to GOD'S PRESENCE within you."

**MEDITATION...** "Through my DAILY practice of MEDITATION, I CONTACT the CHRIST PART of MY MIND and, through the CHRIST LIGHT, find GOD'S PRESENCE WHOSE SPIRIT nourishes my MIND and SOUL with the ENERGY PRESENCE of HAPPINESS."

**MATERIAL NEEDS...** "I ACKNOWLEDGE that GOD'S PRESENCE within me KNOWS my EVERY MATERIAL NEED and, ACCORDING to my ONENESS with GOD'S PRESENCE through the CHRIST MIND LIGHT within me is SUPPLYING ME."

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