

Transcendent Christ Mind Dynamics

REUNITING WITH THE PRESENCE AFFIRMATIONS

BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—THE PRESENCE, UNIVERSAL MIND OR GOD WITHIN YOU.

The following Self Programming Universal Mind Synthesis Affirmations Are Based On A Christ Mind Spiritual Psychology Lecture On:

"OVERCOMING RESISTANCES TO POSITIVE CHANGES"

RESISTANCE SOURCE... "I REALIZE that RESISTANCES to making POSITIVE CHANGES in MY LIFE come from a personal sense of ego selfhood with its self doubts about making even changes that would seem on the surface to improve my circumstances."

FEAR... "I REALIZE that personal ego mind fear may be a reason for resisting even positive change and so when I feel FEAR I turn immediately to my Christ Mind ONENESS with GOD to sublimate my fear into the Light of GOD POWER COURAGE within me."

UNKNOWN... "I REALIZE that I may resist positive change because of the UNKNOWN associated with the change – and instead turn inward to GOD' S PRESENCE that KNOWS all that can be known which thus removes a blockage of the UNKNOWN from my mind."

PUNISHMENT... "I REALIZE that GOD has ALREADY forgiven me for all that I believe I should be punished for – and thus am FREE to make positive changes for my good at once."

RESPONSIBILITY... "I REALIZE that I may resist making positive changes because of doubting that I could handle the responsibilities – KNOWING that, I will turn it over to GOD' S PRESENCE within me which will SURFACE to HANDLE the RESPONSIBILITY."

POOR SELF ESTEEM... "I REALIZE that resistance to positive change comes from poor self esteem created by a personal ego mind sense of selfhood and thus choose instead a CHRIST MIND awareness that my TRUE SELF REALITY is ALWAYS ONE with GOD and GOD' S ATTRIBUTES."

NON SUPPORT... "I REALIZE that resistance to making positive changes may come from feeling alone in my efforts or being non supported – thus I turn inward to GOD' S PRESENCE as MY SUPPORT in all I must do to improve MY LIFE."