## Spiritual Psychology

REUNITING WITH THE PRESENCE AFFIRMATIONS

## BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—The Presence, Universal Mind or God within You

The following Self Programming Universal Mind Synthesis Affirmations
Are Based On A Spiritual Science Lecture On:

## "SEXUALITY AND SPIRITUALITY IN TODAY'S WORLD"

- ... ENERGY EXCHANGE... "I UNDERSTAND that in ALL SEXUAL ACTIVITY there is an ENERGY EXCHANGE that affects both people HOLISTICALLY affecting the physical body energies, mental energies at ALL mental levels, the spiritual level associated with the SOUL'S PURPOSE and up to the GOD LEVEL depending upon how ONE with Universal Consciousness each participant is."
- ... **POSITIVE AND/OR NEGATIVE**... "I UNDERSTAND that ENERGY EXCHANGE between people during intimacy can have a positive or negative effect on one or both people."
- ... GRATIFICATIONAL OR RECREATIONAL SEXUALITY..."I
  UNDERSTAND that sexual activity only for the sake of physical gratification of the body produces no
  lasting positive effect on the body, soul or ONENESS with GOD and leaves one empty in MIND and
  SOUL with a VOID to FILL producing the NEED for more sexuality possibly leading to sexual addiction."
- ... KARMA..."I UNDERSTAND that there may be KARMIC reasons for any sexual contact -- individual -- collective -- or both with the payback of negative energy or the reward of positive energy."
- ... SOUL'S PURPOSE..."I UNDERSTAND that the most POSITIVE SEXUAL ENERGY EXCHANGE is between two people in which the ENERGY EXCHANGE helps one or both to better achieve their SOUL'S PURPOSE."
- ... VERBAL SLANG..."I UNDERSTAND that having a daily vocabulary expressing verbal slang of words of a sexual nature devalues sexuality and in turn the TOTAL CONSCIOUSNESS of the individual is DEGRADED and the inner distance between the personal soul and the Universal Spirit or GOD greatly widened."
- ... **POSITIVE SEXUALITY**..."I UNDERSTAND that SEXUALITY can have a POSITIVE ENERGY EFFECT on one's SPIRITUALITY if there is LOVE, FRIENDSHIP or GENUINE CARING between people that has INITIATED INTIMACY."
- ... **EXCITEMENT/STIMULATION**..."I UNDERSTAND that POSITIVE SEXUAL ENERGY EXCHANGE adding to people's SPIRITUALITY is CREATED more by INNER CONNECTION than OUTER APPEARANCE if the SEXUAL ATTRACTION is to be LASTING."

Copyright © 2006 By Dr. Paul Leon Masters