

CHRISTMIND DYNAMICS®

REUNITING WITH THE PRESENCE AFFIRMATIONS

BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—THE PRESENCE, UNIVERSAL MIND OR GOD WITHIN YOU.

The following Self Programming Universal Mind Synthesis Affirmations
Are Based On A CHRISTMIND Spiritual Psychology Lecture On:

"YOGA... OF THE CHRISTMIND KIND"

RAJA YOGA... "I work successfully with the INNER ENERGY/MATTER of my MIND, guided INTUITIVELY by GOD'S PRESENCE, to FIND and AWAKEN to GOD'S UNIVERSAL MIND/SPIRIT."

MEDITATION... "Through my DAILY practice of MEDITATION, I achieve the RELAXATION and CONCENTRATION necessary to make my mind ONE POINTED to work with the INNER ENERGIES of CONSCIOUSNESS within me."

VRITTIS... "Through GOD'S PRESENCE within me I AM INTUITIVELY GUIDED in working with the INNER ENERGIES (VRITTIS) of my MIND that the COLOR FREQUENCIES may be RE-ABSORBED into LIGHT (CHRIST CONSCIOUSNESS) of UNIVERSAL MIND/SPIRIT or GOD."

CHITTA... "Through GOD'S PRESENCE within me I AM INTUITIVELY GUIDED in working with the MIND STUFF (CHITTA) to turn MIND FORMS into ENERGIES -- ENERGIES to COLOR FREQUENCIES that they may be RE-ABSORBED into LIGHT (CHRIST CONSCIOUSNESS) of UNIVERSAL MIND/SPIRIT or GOD."

WORKING WITH... "Through DEEP MEDITATIONAL RELAXATION, the INNER ENERGIES (VRITTIS) of my mind are SLOWED and STILLED to the point where the COLOR FREQUENCIES may be RE-ABSORBED into LIGHT CHRIST CONSCIOUSNESS of UNIVERSAL MIND/SPIRIT or GOD."

3RD EYE... "Through GOD'S PRESENCE INTUITIVELY GUIDING ME -- I work to STILL ENERGY FREQUENCIES appearing as COLORS, SHAPES, and FORMS before my 3rd Eye or INNER SIGHT of my FOREHEAD -- or the whole INTERIOR of my head."

LIGHT... "In MEDITATION I work to ENLARGE any LIGHT appearing in my 3rd Eye area by holding it steady in an inner gaze."

CHRISTMIND... "I AM ONE WITH the CHRISTMIND LIGHT of GOD'S PRESENCE and I AM INTUITIVELY led to ACHIEVE ONENESS with the CHRIST LIGHT -- the DOORWAY of CONSCIOUSNESS to GOD'S PRESENCE."